



Rady Children’s Hospital – San Diego
and University of California, San Diego

CHILD ASSENT FORM
(ages 7-12)

¡Más Fresco! More Fresh Fruit and Vegetable Prescription Program
for Families with Type 2 Diabetes Mellitus

Dr. Rhee is doing a research study to find out how using vouchers to buy fruits and vegetables affects your health and eating habits. You are being asked if you want to be in this research study because you have type 2 diabetes.

If you decide that you want to be in this research study, this is what will happen to you:

1. Your parent will get vouchers every month for 12 months to use at Northgate Gonzalez Markets to buy fruits and vegetables for you and your family.
2. You will still come to the Diabetes Clinic for your regular check-ups and blood tests.
3. We will also check another lab when you get your routine bloodwork. This will be an additional 2-4 cc of blood that will be done three times during the study period.
4. We will ask you and your parent to fill out a few surveys while you are in the study.

You don't have to be in this research study if you don't want to. Nobody will be upset at you if you say no. Even if you say yes now and change your mind after you start doing this study, you can stop and no one will be upset.

Be sure to ask Dr. Rhee or your diabetes doctor to tell you more about anything that you don't understand.



Yes, you will be in this research study.

No, you don't want to do this.

Write your name on this line

Date